



Via Zoom



Sunday 26th April 2020

We have really enjoyed our last two Messy Church zoom services and we are having another one on Sunday. This time our theme is the story of the disciples meeting Jesus on the road to Emmaus. Here are some crafts that you might like to do before the service on Sunday. There are also some colouring and activity sheets attached to the email or available on the website. You will find the Messy Church page under the news tab. Our web address is

<https://www.stmarysbaldock.org.uk/>

Make sure you bring any crafts to the service, and an instrument to play during the song. I will send the zoom service link later in the week.



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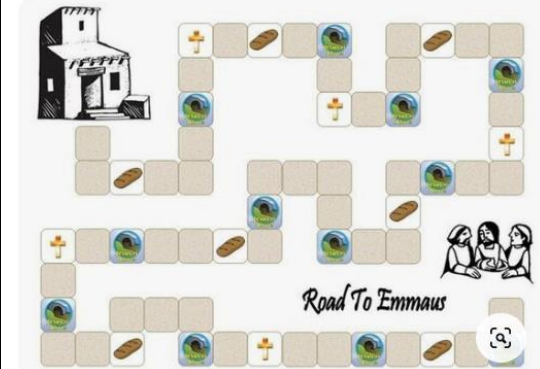


Crafts and Activities



What to do

Draw round your foot or shoe on paper or cardboard. Use wrapping paper, or colour your own flipflop. Make a hole where the big toe goes and two on the side. Use a pipecleaner or a plait of wool and thread it through the holes and tie on the back. Write the words "Walk with Jesus" on the flipflop.



Print off or draw the game board and then using a dice and the question cards about the story see who is the first one to get from Jerusalem to Emmaus and back. Make sure you stop in Emmaus to have a meal with Jesus.



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Cut some cardboard into the rough shape of little feet (a small disc will be fine, if a foot shape is too fiddly) – make them small enough to stick on to the end of your finger as if your finger is the leg. Stick a foot with buetac or sellotape onto the tip of your middle and index fingers, dip into paint and ‘walk’ your feet along the paper, leaving a footprint trail behind. Repeat it with a different colour of paint walking beside the first set. Then, with a third colour, add a third set of footprints joining the first two half way across the paper. Talk about how the two disciples were joined by Jesus on their journey but then they ran all the way back to Jerusalem on their own.

Mentos geyser



You will need: Mentos; a bottle of coke or lemonade (it doesn't have to be a big bottle); a sheet of paper for a funnel; space outdoors Make a funnel from the paper and pour the Mentos as quickly as you can into a newly opened bottle of coke. And STAND WELL BACK!
https://www.youtube.com/watch?time_continue=14&v=FaFtRYSzGUI&feature=emb_logo
Talk about moments in your life when suddenly everything changes. The friends in today's story had one of those moments, not over coke and Mentos, but over a loaf of bread, when something equally startling happened.



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Slo-fast races

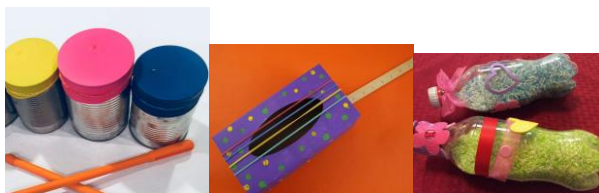


You will need: a clear space inside or out; a timer

The challenge is to see who can go from A to B the slowest: make a note of the time it takes each person – you can all do it together. Then see who can be fastest to go from B back to A. You could always do this when you are out for your daily exercise.

Talk about how sometimes when you're sad, a journey can seem to take a really long time, but when you're happy, the same journey can pass by really quickly. I wonder why two friends of Jesus went one way with very heavy sad hearts, but came back again the same day at full speed and full of excitement.

Musical Instruments



For our song, Andrew would like you to bring an instrument. If you haven't got any you could make one.

1. Stretch a balloon or some plastic over a tin to make a drum
2. Use a tissue box and some elastic bands to make a guitar
3. Fill a bottle with some rice or pasta and make a shaker
4. Or any other ideas of your own!

Messy

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Messy
Easter