



St Mary the Virgin Baldock

“Building with Christ”



Rector's Blog – day 7

Dear Friends,

Do you have a favourite psalm? Mine is Psalm 131. At times when I am feeling out of control and lots of things are dependant on me, I try to remember to say it. The final verse is for me the most important and resolves the panic of verse 1 and 2 and allows verse 3 to be a real rather than an imaginary response. It reminds me that in the greater scheme of things, most things that I worry about are not that vital.

Try saying it yourself and see what the words mean to you.

1. Lord, my heart is not proud; *
my eyes are not raised in haughty looks.
2. I do not occupy myself with great matters, *
with things that are too high for me.
3. But I have quieted and stilled my soul,
like a weaned child on its mother's breast; *
so my soul is quieted within me.
4. O Israel, trust in the Lord, *
from this time forth for evermore.

Here is a youtube version you might like to listen to
<https://www.youtube.com/watch?v=plKAifJwhuc>

Do join us in worship on Sunday morning if you can. The details are below how to do it. Ring me on 896273 or email if you are having problems. I'm planning to set up a meeting on Saturday between 6 and 7pm for those who want a trial run. See further down below the Sunday morning meeting.

Every blessing

Andrew

For the Christian Community

We are not people of fear: we are people of courage.

We are not people who protect our own safety: we are people who protect our neighbours' safety.

We are not people of greed: we are people of generosity.

We are your people God, giving and loving, wherever we are, whatever it costs, for as long as it takes, wherever you call us.

Amen

Sunday 9.30am worship

Join Zoom Meeting

<https://us04web.zoom.us/j/517910964?pwd=R3JpSHNJUE5QVEFjalBDUGdVKzFEdz09>

Meeting ID: 517 910 964

Password: 013960

Saturday 6pm - 7pm test run

Join Zoom Meeting

<https://us04web.zoom.us/j/237846765?pwd=Sm0rVkJqR2xPa1pBZ1FFWW9lQVBhdz09>

Meeting ID: 237 846 765

Password: 009319