



Lent 2019



A time for **Stepping Back and Reflecting** - giving more time to God

A time for **Cutting Back and Reflecting** - Alcohol, Chocolate, Screen Time, Single Use Plastic, Stuff.....

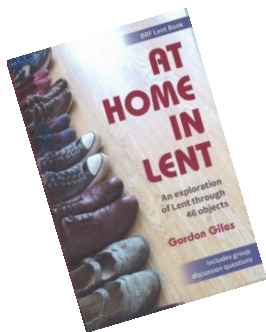
A time for **Seeing Christ at work** in our lives

A time for **Acting Positively** to help others

“Then Jesus told his disciples, ‘If any want to become my followers, let them deny themselves and take up their cross and follow me.’” (Matthew 16:24)

Following Jesus doesn't mean difficult things are taken away, but it *does* mean we have God's love and a Church community to help us through them.

Take the challenge this Lent to let God transform your life a little bit more by:



- Reading a Lent book,
- Committing to more time to pray and
 - read the Bible
- Joining a Lent Group(even if you can only attend a few sessions),
 - Giving something up,
- Making a difference to others and
 - Worshipping together in Baldock or Bygrave



Lent Groups

“Daring to see God now”: Helping to make Christian Faith relevant to today, beginning with Mark 1:14-15 where Jesus is proclaiming the Good News of God.

Date and time	Monday at 8pm	Tuesday at 7.30pm	Wednesday at 7.45pm	Thursday at 10.30am
Location and leaders	(locations and leaders listed below)	at Rectory (Andrew leading all sessions)	at Sarah and Afsheen Abbassi's house, 24 Wedon Way Bygrave	in St Mary's Church Hall (Katrina leading all sessions)
Session Theme				
1 The good news of God	11th March 24 Park Cres Emma leading	12th March	13th March Lorraine leading	14th March
2 The time is now	18th March 24 Park Cres Emma leading	19th March	20th March Andrew leading	21st March
3 God is present	25th March Flat 4, Coachyard, 2 Hitchin St Shelley leading	26th March	27th March Katrina leading	28th March
4 Change your mind	1st April Flat 4, Coachyard, 2 Hitchin St Shelley leading	2nd April	10th April Lorraine leading (no meeting on 3 rd)	4th April
5 Live it!	8th April 24 Park Cres Emma Leading	16th April (no meeting on 9 th)	17th April Katrina leading	11th April

It would be helpful to know if you are coming so we know how many booklets to order.
Thank you.